Sue's Chicken & Broccoli Pasta







Prep: 15 minutes

Cook: 20 minutes

Serves: 4



Ingredients

- · 400g chicken thighs
- 1 Tbsp crushed garlic (home brand jar)
- · 2 bunch broccoli
- 2 Tbsp chicken stock powder
- 2 cups penne pasta
- 150ml cream
- · olive oil
- · ground pepper

- 1. Heat oil in pan and sauté chicken
- 2. Add garlic to personal taste and stir with chicken
- 3. While chicken is cooking, in a separate pot boil water and add pasta
- 4. After pasta has been cooking for 5 minutes add broccoli and cook to desired consistency
- 5. Drain pasta keeping half a coffee cup of the pasta water for the sauce
- 6. Add pasta, broccoli and pasta water to the chicken and stir to combine
- 7. Mix in chicken stock powder
- 8. Add cream and mix in
- 9. Add pepper to taste