Jayanthi's Chicken Curry







Cook: 45 minutes



Serves: 3 (small)



Ingredients

- 500g chicken thighs
- 1 onion
- 3 garlic cloves
- 1 tsp chilli powder
- 1 tsp roasted curry powder
- ½ tsp turmeric powder
- 1 tsp pepper powder
- 1 Tbsp olive or vegetable oil
- 2 tomatoes
- · 1 cup water
- · pinch of salt

Cooking steps

- 1. Heat oil in pot
- 2. Add onion and garlic and sauté for 2 minutes
- Add chilli powder, curry powder, turmeric and pepper
- 4. Add tomatoes, salt and water
- 5. Put lid on and cook for 45 minutes, stirring and checking every 15 minutes, adding more water if needed
- 6. When ready, leave to cool for 15 minutes and serve with rice or bread