Aaron's Hungarian Goulash







Cook: 2-3 hours



Serves: 4-6



NOTE The longer it's cooked. the better. This meal could also be done in a slow cooker - just pop all ingredients in together.

Ingredients

- 700g stewing steak
- 2 chorizo sausages chopped roughly
- 1 large onion
- 1 red capsicum
- 1 green capsicum
- · 2 Tbsp sweet paprika
- 300ml beef stock
- 4 potatoes (cut chunky) but can cut how you prefer)
- · 2 tomatoes diced
- 150ml sour cream (for serving)
- salt and pepper

Cooking steps

- 1. Roughly chop and braise steak (braise steak separately)
- 2. Braise onion, capsicum and chorizo, add paprika and salt and pepper
- 3. Put all ingredients in a pot with the stock and tomatoes
- 4. Bring to the boil then reduce to a simmer with lid ajar
- 5. Slow cook for 2 to 3 hours
- 6. Dish is ready when all veggies are soft and tender with a fork